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BUILDING A BETTER LIFE WITH PARKINSON'S DISEASE

Presented by Dawn Lewis, Development Manager with the Parkinson's Foundation Mid-Atlantic Chapter, and Aaron Behrens, Owner: PA, MD, VA of GYMGUYZ. Co-sponsored by Olney Assisted Living and JSSA.

Did you know? More than one million people in the U.S. have Parkinson's Disease (PD). If you're a healthcare professional, that means you'll likely treat someone who has PD. A Parkinson's diagnosis is life-changing, but it doesn't have to keep a person from living their best life. The mission of the Foundation is to assist and empower people at every stage to better manage symptoms and live well.

In this presentation, Dawn Lewis will teach about the care, support and resources the Parkinson's Foundation offers to people living with Parkinson's. In addition, she'll share information about their new education series for community providers, through which participants can receive CE credits for free. The education series is designed to improve treatment and outcomes for people with Parkinson's.

Following Dawn's presentation, Aaron Behrens with GYMGUYZ will present information about how large elongated movements are beneficial to Parkinson's disease patients. Twisting the body, activities from head to toe, and walking with proper mechanics are some of the exercises he'll discuss at this event.

RSVP by Tuesday, April 18th

Check out our other nearby communities, Artis Senior Living of Potomac in Bethesda, MD, and Great Falls Assisted Living in Herndon, VA.

**Learn how to earn FREE CE Credits
with self paced learning through
the Parkinson's Foundation**

Join us for this FREE Professional Event

Wednesday, April 19th

5:30 - 6:30 p.m.

Being Held at:

Olney Assisted Living

16940 Georgia Ave.

Olney, MD 20832

To RSVP

240-389-5168

TheArtisWay.com/OlneyProfessionals



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